

Carpenters' Local No. 491

Health and Welfare Plan

911 Ridgebrook Road

Sparks, Maryland 21152-9451

Toll Free Telephone (888) 494-4443

www.associated-admin.com

Date

Dear Member:

This letter contains a new participating optician/optometrist list effective beginning January 1, 2013.

The opticians/optometrists on this list have reviewed our Optical Plan and have agreed to accept the allowances as payment in full, providing that you:

1. Choose from a select group of frames; with regular sized single vision lenses; round, flat top 25 or flat top 28 bi-focal lenses.
2. Choose clear, daily wear soft contact lenses.

If you should decide to use an optician/optometrist on this list:

1. You must obtain a validated optical form from the Fund Office.
2. A co-payment will be required for contact lens exams, over-sized lenses, photo-grey, tints, scratch cover, no-line bifocal lenses, colored contact lenses, and extended wear contact lenses.
3. Once you have used your yearly maximum, all charges incurred are the member's responsibility. Optical benefits are based on 80% of charges incurred, to a maximum of \$150 per adult family member per year. The \$150 maximum does not apply to children however; optical benefits are limited to one eye examination and one pair of glasses per year.

The Fund Office is always interested in adding new providers to our listing, if your optician/optometrist is interested in becoming a participating provider please have them contact the Fund Office at 888-494-4443.

Sincerely,

Fund Office

The Following is a List of Participating Opticians/Optometrists

A & J Opticians
2429 Cleanleigh Dr
Baltimore, MD 21234
410-663-8393

A & J Opticians
2901 Druid Park Dr
Baltimore, MD 21215
410-669-3649

Ashburton Opticians
2600 Liberty Heights Ave
Baltimore, MD 21215
410-383-4086

Ashburton Opticians
3020 Liberty Heights Ave
Baltimore, MD 21215
410-664-9436

Barenburg Eye Assoc.
100 Park Ave
Baltimore, MD 21201
410-727-0285

Barenburg Eye Assoc.
1141 Merritt Blvd
Baltimore, MD 21222
410-288-1506

Barenburg Assoc.
22 South Greene St
Baltimore, MD 21201
410-328-5905

Barenburg Assoc.
9051 Balt. Natl. Pike
Ellicott City, MD 21043
410-465-4080

Barenburg Assoc.
1777 Reisterstown Rd
Baltimore, MD 21208
410-653-4646

Barenburg Eye Assoc.
2300 Garrison Blvd
Baltimore, MD 21216
410-624-7660

C.R. Bregel, OD
1029 Light St
Baltimore, MD 21230
410-752-8208

Butler Optical
46 Sudbrook Lane
Baltimore, MD 21208
410-653-2777

Catonsville Optical
727 Frederick Road
Baltimore, MD 21228
410-744-1111

Robert Cherry and Sons
8203 Harford Road
Baltimore, MD 21234
410-661-3937

Chesapeake Bay Opticians
3819 Harbor Road
Chesapeake Beach, MD
410-257-0622

Eric Cohen
6660 Security Blvd
Baltimore, MD 21207
410-944-8020

Custom Eyes Optical
11977 Reisterstown Road
Reisterstown, MD 21136
410-833-1910

Debrouse Opticians
7601 Harford Road
Baltimore, MD 21234
410-444-2500

Allan Dosik, OD
7899 Heritage Drive
Annandale, VA 22003
703-941-7707

Eye to Eye
1819 York Road
Timonium, MD 21093
410-252-5850

Eye to Eye
6420 Ridge Road
Eldersburg, MD 21784
410-549-1400

Hour Eyes
169 Jennifer Road
Annapolis, MD 21401
410-224-0021

Hour Eyes
7132 Arlington Road
Bethesda, MD 20814
301-215-9090

Hour Eyes
631 N. Frederick Ave
Gaithersburg, MD 20879
301-330-4972

Hour Eyes
1003 Fairlawn Ave
Laurel, MD 20707
301-776-1818

Hour Eyes
11802 Rockville Pike
Rockville, MD 20852
301-770-7780

Hour Eyes
11229 New Hampshire Ave
Silver Spring, MD 20904
301-681-0777

Hour Eyes
11110 Mall Circle
Waldorf, MD 20603
410-705-8383

Hour Eyes
10782 A Lee Highway
Fairfax, VA 22030
703-591-1616

Hour Eyes
11130 South Lakes Dr
Reston, VA 22091
703-476-0077

Hour Eyes
8359 Leesburg Pike
Vienna, VA 22182
703-442-9295

Hour Eyes
1100 S. Hayes St
Arlington, VA 22202
703-415-5544

Maryland Optical
3718 Eastern Ave
Baltimore, MD 21224
410-732-4300

**Optics Ltd.
14 Fairground Village
Westminster, MD 21157
410-876-3090

Penn Optical
2122 E. Monument
Baltimore, MD 21205
410-327-7070

Penn Optical
7825 Eastpoint Mall
Baltimore, MD 21224
410-282-1929

Hour Eyes
4627 Duke Street
Alexandria, VA 22304
703-823-6611

Hour Eyes
13320 Franklin Farm Rd
Herndon, VA 22071
703-481-5600

Hour Eyes
6636 Springfield Mall
Springfield, VA 22150
703-922-4111

Hour Eyes
2700 Potomac Mill Circle
Woodbridge, VA 22192
703-494-0660

Hour Eyes
4301 Wisconsin Ave, NW
Washington, DC 20016
202-237-8500

Optical Center, Inc.
10203 Reisterstown Rd
Owings Mills, MD 21117
410-363-8200

Pearle Vision
501 S. Conkling St
Baltimore, MD 21224
410-675-2275

Penn Optical
6315 York Road
Baltimore, MD 21212
410-321-5497

Penn Optical
5764 Baltimore Pike
Baltimore, MD 21228
410-747-5010

Hour Eyes
3556 A S Jefferson St
Baileys Crossroad, VA
703-379-1100

Hour Eyes
8125 Sudley Road
Manassas, VA 20109
703-330-0090

Hour Eyes
8424 Old Keene Mill Rd
Springfield, VA 22152
703-569-6611

Hour Eyes
1341 G Street, NW
Washington, DC 20005
202-783-7171

Philip Katz, OD
1895 L Street, NW
Washington, DC 20036
202-659-3646

Optical Center, Inc.
8521 Liberty Road
Randallstown, MD 21133
410-922-1300

Penn Optical
501 S. Conkling St
Baltimore, MD 21224
410-675-2275

Penn Optical
6909 Security Blvd
Baltimore, MD 21244
410-944-7709

Penn Optical
2483 Frederick Ave
Baltimore, MD 21223
410-233-8222

Penn Optical
5006 Sinclair Lane
Baltimore, MD 21206
410-488-6800

Penn Optical
3124 Greenmount Ave
Baltimore, MD 21218
410-235-5211

Penn Optical
2065 Mondawmin Mall
Baltimore, MD 21215
410-669-8030

Penn Optical
522 N. Gay Street
Baltimore, MD 21202
410-342-1414

Barry Preiss, OD
8155 Ritchie Hwy
Baltimore, MD 21122
410-544-4441

Professional Vision
9150 Baltimore Pike
Ellicott City, MD 21042
410-465-6166

Professional Vision
9613 Harford Road
Baltimore, MD 21234
410-665-6200

Sterling Optical
7839 Eastpoint Mall
Baltimore, MD 21224
410-288-6660

Sterling Optical
8200 Perry Hall Blvd
Baltimore, MD 21236
410-931-8990

Sterling Optical
949 Potomac Mills
Woodbridge, VA 22192
703-490-1857

Toner-Parsons Opticians
7315 Harford Road
Baltimore, MD 21234
410-444-4737

Toner-Parsons Opticians
4A North Avenue #204
Bel Air, MD 21014
410-879-2370

Toner-Parsons
201 E. University Pkwy
Baltimore, MD 21218
410-243-6298

United Optical
8401 Colesville Rd
Silver Spring, MD 20910
301-585-6340

United Optical
1872 Virginia Ave
Collinsville, VA
540-632-0378

United Optical
77 Forest Dr
Annapolis, MD 21401
410-226-3369

United Optical
8775 Cloud Leap Court
Columbia, MD 21045
410-730-0144

United Optical
7614 Bel Air Road
Overlea, MD 21236
410-882-9600

United Optical
526 East Belvedere
Baltimore, MD 21212
410-433-7261

United Optical
536 A N. Frederick Ave
Gaithersburg, MD 20877
301-990-3269

United Optical
7385 Balto-Annap Blvd
Glen Bernie, MD 21061
410-768-2515

United Optical
1222 Eastern Boulevard
Essex, MD 21221
410-391-7030

United Optical
10 West Washington St
Hagerstown, MD 21740
301-790-3877

United Optical
1796 Merritt Blvd
Dundalk, MD 21222
410-284-6700

United Optical
4301 Garden City Dr
Landover, MD 20785
301-459-8252

United Optical
1724 Woodlawn Dr
Woodlawn, MD 21207
410-298-4040

United Optical
925 National Hwy
Lavale, MD 21502
301-729-2243

United Optical
200 West Saratoga St
Baltimore, MD 21201
410-685-0733

United Optical
23 East Padonia Road
Timonium, MD 21093
410-667-1910

United Optical
321 B Civic Avenue
Salisbury, MD 21801
410-742-6148

United Optical
1030 West 41st St
Baltimore, MD 21211
410-889-5040

United Optical
645 Pennsylvania Ave
Washington, DC 20003
202-547-0956

United Optical
1643 Crystal Arcade
Arlington, VA 22202
703-413-3225

United Optical
8500 Leesburg Pike
Vienna, VA 22182
703-883-0743

Vision Associates
5 Bel Air South Pkwy
Bel Air, MD 21014
410-569-0500

Weinstein Eye Assoc.
5743 Crain Hwy
Upper Marlboro, MD
301-627-4485

United Optical
9718 Groff's Mill Dr
Owings Mills, MD 21117
410-654-4642

United Optical
11610 Reisterstown Rd
Reisterstown, MD 21136
410-833-8630

United Optical
903 1/2 York Road
Towson, MD 21204
410-321-7696

Bel Air Opticians
302 South Tollgate Road
Bel Air, MD 21014
410-879-2230

United Optical
1127 15th St
Washington, DC 20005
202-331-0513

United Optical
10388 Portsmouth Rd
Manassas, VA 22110
703-330-5906

Vision Associates
920 Revolution St
Havre de Grace, MD 21078
410-939-2200

Vision Associates
951 F Beards Hill Road
Aberdeen, MD 21001
410-272-1800

Weinstein Eye Assoc.
11750 Business Center
Waldorf, MD 20601
301-843-9112

United Optical
4732 Cherry Hill Rd
College Park, MD 20740
301-441-3855

United Optical
11627 Nebel St
Rockville, MD 20852
301-770-0717

United Optical
625K Baltimore Blvd
Westminster, MD 21157
410-876-7078

United Optical
1100 W. Patrick St
Frederick, MD 21702
301-698-0303

United Optical
3690D King St
Alexandria, VA 22302
703-931-2854

United Optical
6715 Backlick Rd
Springfield, VA 22150
703-569-7301

Vision Associates
7401 W Pulaski Hwy
Edgewood, MD 21040
410-676-1500

Weinstein Eye Assoc.
816 Largo Centre Dr
Largo, MD 20774
301-336-3966

Weinstein Eye Assoc.
1215 Annapolis Rd
Odenton, MD 21113
410-672-2515

**require \$10 co-pay on exam only